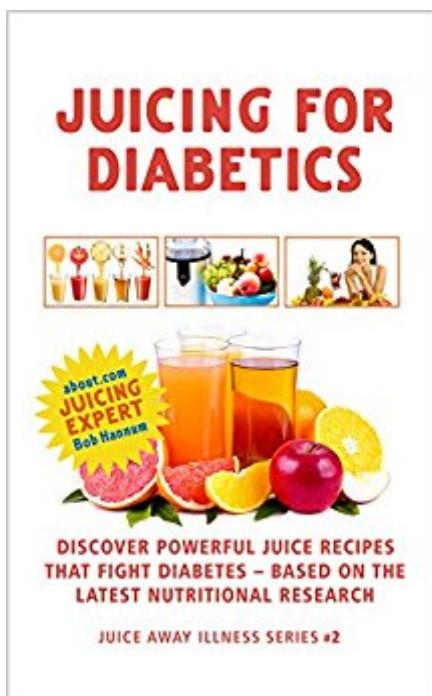


The book was found

Juicing For Diabetics: Discover Powerful Juice Recipes That Fight Diabetes Based On The Latest Nutritional Research (Juice Away Illness Book 2)



Synopsis

About.com's 'Juicing Expert' presents a healthy and natural way to fight diabetes with powerful and delicious juice recipes based on exciting new scientific discoveries. Diabetes is increasing at an alarming rate, and the cause is well understood - poor diet and obesity. But our understanding of how to treat diabetes is being turned upside down with new discoveries that certain fresh fruits and vegetables are extremely effective for stabilizing blood sugar levels - particularly in concentrated fresh juice form! But only fresh juice - not bottled. And here's where this book makes a vital new contribution by presenting effective recipes based on nutritional research. Thoroughly researched, easy to read, and briefly stated so that you can start taking action right away. The author is careful to give you links to the most up-to-date research for further reading. Discover the healing power of fresh juiced fruits and vegetables with certain herbs and spices, but without any harmful side effects. These delicious juice recipes have no added sweeteners - no added anything - just natural fresh food. You'll learn:- What causes diabetes- What are the symptoms - What foods to avoid- What foods fight diabetes based on new and exciting research- Easy to make and powerful diabetes-fighting juice recipes- Inspirational juicing success story from one of our diabetic readers - Simple tips for making your juice experience easy and inexpensive- About the authorStart your journey to better health right now!

Book Information

File Size: 1731 KB

Print Length: 38 pages

Simultaneous Device Usage: Unlimited

Publisher: Juicing-Secrets.com; 1 edition (August 9, 2014)

Publication Date: August 9, 2014

Sold by: Digital Services LLC

Language: English

ASIN: B00MKILH0M

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #280,037 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #56
in Books > Cookbooks, Food & Wine > Kitchen Appliances > Juicers #191 in Kindle Store >
Kindle Short Reads > One hour (33-43 pages) > Cookbooks, Food & Wine #309 in Books >
Cookbooks, Food & Wine > Beverages & Wine > Juices & Smoothies

Customer Reviews

This book really stinks.

I found this book very disappointing. It is very short. In fact I read it in less than 10 minutes. There is a 2 page intro where the author gives his thoughts on diabetes. Then there are 3 short paragraphs describing the two types of diabetes and another short page with a list of symptoms. The next heading is prevention with three sentences, and a few pages about the best food for diabetes (which lists 15 items including spices). Then finally you get to the juice recipes and there are a total of 9 recipes (each recipe only lists between 2-4 vegetables and/or fruit). And finally one success story in three short paragraphs. Also there are a few paragraphs on (1) juicing tips, (2) about the author, and (3) at the beginning of the book a list of other juice books you can buy. That's it! This was only \$2.99 (thank goodness) but you can go to the American Diabetes website and find much more detailed info about food for diabetes and Joe Cross' reboot website which tells you everything you need to know about juicing, and both are free. Like I said very disappointed. I feel like I purchased the cliff notes of a book.

Excellent book. I just wish it would have more recipies. The recipents are very limited. There is not much to choose from

I was especially interested in reading about anything regarding juicing and diabetes since my husband has developed type 2 diabetes. This succinct, well researched and highly informative book has given me much to think about and lots to try for his condition. I am an avid juicer, and now thanks to this author my husband is finally on board! Thank you so much for all the information, and great recipes that incorporate veggies and fruits to fend off the debilitating affects of diabetes!

[Download to continue reading...](#)

Juicing For Diabetics: Discover Powerful Juice Recipes that Fight Diabetes Based on the Latest Nutritional Research (Juice Away Illness Book 2) Juicing: 365 Days of Juicing Recipes (Juicing, Juicing for Weight Loss, Juicing Recipes, Juicing Books, Juicing for Health, Juicing Recipes for

Weight Loss, Juicing Detox, Juicing for Beginners) JUICING RECIPES: The Juicing for Health Complete Guide (120 RECIPES): juicing, juicing detox, juicing for weight loss, juicing for beginners, juicing diet, juice diet, juice recipes, juicing books E JUICE RECIPES: 51 Awesome E Juice Recipes (e juice, e juice recipes, e juice cookbook, vaping, vaping juice, vaping started kit, vape recipes, vaping juice) Juicing For Weight Loss: 75+ Juicing Recipes for Weight Loss, Juices Recipes, Juicer Recipes Book, Juicer Books, Juicer Recipes, Juice Recipes, Juice Fasting, ... diet-juicing recipes weight loss Book 103) Juicing: 101 Juicing Recipes For Weight Loss, Detox And Overall Health (Juicing For Weight Loss, Juicing Books, Juicing For Health) (Juicing For Beginners, Fasting and Detoxing) Juicing Recipes for Rapid Weight Loss: 50 Delicious, Quick & Easy Recipes to Help Melt Your Damn Stubborn Fat Away! (Juice Cleanse, Juice Diet, ... Juicing Books, Juicing Recipes) (Volume 1) Type 2 Diabetes: The Type 2 Diabetes Guide With Powerful Type 2 Diabetes Tips (Free Checklist Included) [Type 2 Diabetes, Type 2 Diabetes Cure, Type 2 Diabetes Diet, Diabetes Diet, Diabetes Magazine] Diabetes Diet Cookbook: Delicious Low Carb Recipes For Diabetics (Diabetes Miracle Cure, Lower Blood Sugar, Diabetes Desserts) (Diabetes Cookbook, Diabetes ... Type 2 Diabetes, Lower Blood Sugar) Diabetes Diet:: Lower Your Blood Sugar Naturally (Diabetes Diet, Diabetes for Dummies, Diabetes Cookbooks Free, Diabetes Type 2, Diabetes Destroyer, Diabetes Solution, Diabetes Cure) TYPE 2 DIABETES DESTROYER: The Secret to REVERSE Type 2 Diabetes, 3 Proven Steps to Reverse Type-2 Diabetes in 11 Days (Diabetes type 2, Diabetes, diabetes ... DIABETES, diabetic cookbook, type 2 diabetes) Reverse Diabetes: Stop Diabetes Without Drugs (Type 1 and 2 Diabetes, Symptoms, Diabetes Cure, Diabetes Solution, Diabetes Cookbook, Diabetes Diet, Diabetes Nutrition) Juicing for Health: The Essential Guide To Healing Common Diseases with Proven Juicing Recipes and Staying Healthy For Life (Juicing Recipes, Juicing ... Foods, Cancer Cure, Diabetes Cure, Blending) Juicing for Health: The Essential Guide To Healing Common Diseases with Proven Juicing Recipes and Staying Healthy For Life (Juicing Recipes, Juicing Detox, ... Cancer Cure, Diabetes Cure, Blending) Diabetes: Diabetes Black Book: Reverse Diabetes Forever With 25 Superfoods (Reverse Diabetes, Diabetes Diet, Diabetes Cure, Insulin, Diabetes recipes) DIABETES Killer Formula: The Miraculous Guide Will Fully Reverse Your Diabetes and In A Natural Way. (Diabetes Diet, Diabetes Recipes, Diabetes Cure, Reversing ... 2 Diabetes, Diabetes Destroyer,) Juicing: Juicing for Weight Loss: Refreshing Juicing Recipes for Weight Loss, Health and Vitality (Over 30 Delicious Juicing Recipes for Beginners) Diabetes: The Most Effective Diabetic Superfoods To Reverse And Prevent Diabetes (Diabetes Diet, Diabetes Cure, Insulin, Type 2 Diabetes, Reverse Diabetes) Diabetes: Reverse Diabetes In 4 Weeks With Proven Step By Step Methods And Superior Strategies (+ Bonus Cheatsheet) (Diabetes Diet,

Diabetes Type 2, Diabetes Cookbook, Insulin, Diabetes Solution) Diabetes: Step by Step Diabetes Diet to Reverse Diabetes, Lower Your Blood Sugar and Live Well (Diabetes, Diabetes Diet, Diabetic Cookbook, Reverse Diabetes)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)